

**ZONE 4 EXECUTIVE
2021 - 2023**

**Representative to the
Board**

Todd Coles

Chair

*Evan Read, Dipl.M.M.,
AMP*

Past Chair

Sacha Smith

Vice Chair

Becky Jamieson, AMP

Secretary - Treasurer

VACANT

Zone Directors

Ryan Ban

John Britto

Jaclyn Grossi

Tyler Raponi

For detailed zone
information go to

www.amcto.com

**AGENDA – Workshop & Zone 4 Spring Meeting
ZOOM Virtual Meeting**

Link to be sent to all registrants in advance of meeting date

Wednesday, May 25, 2022

9:00

Welcome from the Chair

- Evan Read, Zone Chair

9:00 – 9:05

Presenting Sponsor – Realtax

- Jeff Oberman, President, Realtax

9:05 – 9:10

Zone Business

- Adoption of Minutes of the Fall 2021 Meeting
- Receipt of the Spring 2022 Zone Financial Report
- 2022 AMCTO Conference Donation

9:10 – 9:45

AMCTO Updates

- Sandra MacDonald, CMO, AMCT, AOMC, AMCTO President
- Elana Arthurs, CMO, AOMC, AMCTO Vice President
- David Arbuckle, AMCTO Executive Director

9:45 – 10:00

Elections Ontario – Municipal Voters List Updates

- Ximena Morris, Manager Stakeholder Relations (Elections Ontario)
- Jason Hagan, Regional Manager, Municipal and Stakeholder Relations (MPAC)
- Shannon Long, Account Manager, Municipal and Stakeholder Relations (MPAC)

10:00 – 10:50

Developing Resilience: Overcoming the Barriers and Challenges to Becoming Resilient

- Michael Lewis, Michael Lewis Training, Motivation And Development

Resilience is in our “DNA” and as Canadians, we know a little something about overcoming challenges and rising to the moment. But the past two-plus years have been very difficult on so many people. In fact, would you know if you needed a little help? In the webinar, we’ll briefly look at how to better handle the anxiety and stress caused by living under uncertain times, be reminded of “job one” of practicing self-care, and of course, look at how we can bounce back and develop our resilience. Resilience truly means getting back into the game!

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10:50 – 11:00

Break

11:00 – 12:00

**Looking Back: A Reflection on The COVID Lessons
Learned!**

- Michael Lewis, Michael Lewis Training, Motivation And Development

*“Anyone can captain the ship when the sea is calm” –
Polish Proverb*

There can be no doubt that COVID presented us all with a challenging and unpredictable “sea”. One can only hope that we as a society will learn the multitude of COVID’s hard lessons. It would be impossible for me to outline all the lessons so far but in this webinar, I hope to outline a few more interesting new realities that emerged as we realized the transformative effect of living through a global crisis – a once-in-a-lifetime event. I will also outline a sketch of what you might want to do in your own organization to ensure that your own lessons are there for any future pandemic. Remember “Those that fail to learn from history are **doomed to repeat it.**”

12:00

Adjournment

- Evan Read, Zone Chair

Thank you to our Presenting Sponsor:



ZONE 4